

Health History Form

Name: _____ **Date:** _____

Present illness (A brief description of your present complaint) Please print your answers.

Date issue started: _____

Review Of Current Symptoms Check All That Apply

| Systemic <input type="checkbox"/> None | Nose <input type="checkbox"/> None | Cardio <input type="checkbox"/> None | Gastrointestinal <input type="checkbox"/> None | Urinary Tract <input type="checkbox"/> None |
|---|--|---|---|---|
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Chest Pain/Discomfort | <input type="checkbox"/> Decreased Appetite | <input type="checkbox"/> Pain During Urination |
| <input type="checkbox"/> Tiredness | <input type="checkbox"/> Post Nasal Drip | <input type="checkbox"/> Chest tightness | <input type="checkbox"/> Nausea | <input type="checkbox"/> Burning w/ Urination |
| <input type="checkbox"/> Decreased Appetite | | <input type="checkbox"/> Need to sit to breathe | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Blood in Urine |
| <input type="checkbox"/> Weight Loss | Throat <input type="checkbox"/> None | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Urinary frequency |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Sore Throat | <input type="checkbox"/> Leg pain w/exertion | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Urinary urgency |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Soft tissue swelling | <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Inability to hold urine |
| <input type="checkbox"/> Night Sweats | | <input type="checkbox"/> Short of breath when lying down | <input type="checkbox"/> Change in bowel habits | <input type="checkbox"/> Difficulty starting stream |
| <input type="checkbox"/> Difficulty Sleeping | Neck <input type="checkbox"/> None | | <input type="checkbox"/> Black stools | <input type="checkbox"/> Dark urine |
| | <input type="checkbox"/> Neck Pain | Hematologic / Endocrine <input type="checkbox"/> None | <input type="checkbox"/> Red blood in stools | |
| Eyes <input type="checkbox"/> None | <input type="checkbox"/> Bleeding Gums | <input type="checkbox"/> Easy Bruising | <input type="checkbox"/> BM frequency _____ | Neuro/Psych <input type="checkbox"/> None |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Mouth Sores | <input type="checkbox"/> Excessive sweating | <input type="checkbox"/> Mucus in stools | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Blurry Vision | <input type="checkbox"/> Gum Sores | <input type="checkbox"/> Sweating heavily at night | <input type="checkbox"/> Rectal pain | <input type="checkbox"/> Sleep Disturbances |
| <input type="checkbox"/> Yellowing of eyes | | <input type="checkbox"/> Excessive Thirst | <input type="checkbox"/> Belching | <input type="checkbox"/> Numbness |
| | Respiratory <input type="checkbox"/> None | <input type="checkbox"/> Temperature Intolerance | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Decrease in strength |
| Ears <input type="checkbox"/> None | <input type="checkbox"/> Cough | | <input type="checkbox"/> Constipation | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Hearing Difficulty | <input type="checkbox"/> Cough up Blood | Musculoskeletal <input type="checkbox"/> None | <input type="checkbox"/> Need for Antiacids | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Ringing In Ears | <input type="checkbox"/> Chest pain w/breathing | <input type="checkbox"/> Arthralgias | <input type="checkbox"/> Jaundice | |
| | <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Swelling localized to one or more joints | | |
| | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Bone pain | | |
| | | <input type="checkbox"/> Other soft tissue complaints | | |

Please print your answers.

| Allergies to Medications / Reactions (Any Food Allergies?) | | | | |
|--|--|---|---|---|
| <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, please specify: _____ _____ | | | | |
| Surgical History (Please Check All That Apply) | | | | <input type="checkbox"/> NO PRIOR SURGERY |
| <input type="checkbox"/> Eye Surgery | <input type="checkbox"/> Parathyroid Surg. | <input type="checkbox"/> Mastectomy | <input type="checkbox"/> D&C | <input type="checkbox"/> Orthopedic Surgery |
| <input type="checkbox"/> Adenoidectomy | <input type="checkbox"/> Heart Surgery | <input type="checkbox"/> Abdominal Surgery | <input type="checkbox"/> Tubal Ligation | <input type="checkbox"/> Spinal Surgery |
| <input type="checkbox"/> Tonsillectomy | <input type="checkbox"/> Heart Valve Repair | <input type="checkbox"/> Hernia Repair | <input type="checkbox"/> Cesarean Section | <input type="checkbox"/> Prostate Surgery |
| <input type="checkbox"/> Sinus Surgery | <input type="checkbox"/> Abdominal Aortic Aneurism | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Ovaries Removed | <input type="checkbox"/> |
| <input type="checkbox"/> Thyroid Surg. | <input type="checkbox"/> Breast Lumpectomy | <input type="checkbox"/> Gall Bladder Removal | <input type="checkbox"/> Hysterectomy | |
| <input type="checkbox"/> Other: _____ | | | | |

| Personal Medical History | | | | |
|---|---|---|---|---|
| <input type="checkbox"/> Headache/Migraine | <input type="checkbox"/> COPD | <input type="checkbox"/> Stomach Ulcer | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Gallstones | <input type="checkbox"/> Bladder Disorder | <input type="checkbox"/> Depression |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Pancreatitis | <input type="checkbox"/> Prostate Disorder | <input type="checkbox"/> Bipolar Disorder |
| <input type="checkbox"/> Heart Disorder | <input type="checkbox"/> Sleep Apnea/Snoring | <input type="checkbox"/> Adrenal Disorder | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> HIV |
| <input type="checkbox"/> Diabetes Mellitus | <input type="checkbox"/> Heart Valve Disease | <input type="checkbox"/> Renal Disorders | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Angina Pectoris | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Easy Bleeding | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Peripheral Vasc Dis. | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Anemia | <input type="checkbox"/> Glaucoma |
| <input type="checkbox"/> Hepatic Disorders | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Recent weight loss | <input type="checkbox"/> Hearing Disorder |
| <input type="checkbox"/> Thyroid Disorders | <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Tuberculosis | |
| <input type="checkbox"/> Pituitary/ Hypothalamic | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Hemophilia | |
| <input type="checkbox"/> Chronic Sinusitis | <input type="checkbox"/> Stroke | <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Bleeding problems | |
| <input type="checkbox"/> Allerg.Rhinitis/Hayfever | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Cancer - Other | <input type="checkbox"/> Brain Tumor | |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Reflux | <input type="checkbox"/> Prostate Cancer | | |
| | <input type="checkbox"/> Peptic Ulcer | | | |
| <input type="checkbox"/> Other Medical History | | | | |

Previous Tests (Include Date) Please obtain reports for your upcoming visit or have them faxed to us (805)777-1730

| | | | |
|---|--|---|---|
| <input type="checkbox"/> Blood Counts - CBC | <input type="checkbox"/> Colonoscopy: _____ | <input type="checkbox"/> Chest X-Ray: _____ | <input type="checkbox"/> X-Ray _____ |
| <input type="checkbox"/> Blood Chemistry | <input type="checkbox"/> EKG: _____ | <input type="checkbox"/> CT Scan _____ | <input type="checkbox"/> Ultrasound _____ |
| <input type="checkbox"/> Fecal Analysis _____ | <input type="checkbox"/> Cardio Stress Test: _____ | <input type="checkbox"/> MRI Scan _____ | <input type="checkbox"/> |
| <input type="checkbox"/> Cholesterol _____ | <input type="checkbox"/> | <input type="checkbox"/> | |

Do you take any of the following medications? / Do any of these upset your stomach?

| Medication | Dose/Frequency | Reason |
|--|----------------|--------|
| <input type="checkbox"/> Aspirin | | |
| <input type="checkbox"/> Ibuprofen/Motrin | | |
| <input type="checkbox"/> Naprosyn/Naproxen | | |
| <input type="checkbox"/> Plavix | | |
| <input type="checkbox"/> Coumadin (warfarin) | | |

Do you take Antibiotics before surgery or dental work? Yes No

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Please print your answers.

| Other Medications & Dosages/Frequency (please include all non-prescription medications as well) | | |
|---|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Name of your Pharmacy & Location _____

| Marital Status | | | | |
|---------------------------------|---|------------------------------------|----------------------------------|-----------------------------------|
| <input type="checkbox"/> Single | <input type="checkbox"/> Married, #Yrs: _____ | <input type="checkbox"/> Separated | <input type="checkbox"/> Widowed | <input type="checkbox"/> Divorced |
| | | | | |

| Social History (Check All That Apply) | | | |
|--|--|--|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Regular Exercise | <input type="checkbox"/> Y <input type="checkbox"/> N Caffeine Use | <input type="checkbox"/> Y <input type="checkbox"/> N Alcohol Use | <input type="checkbox"/> Present use of Recreational Drug |
| <input type="checkbox"/> Y <input type="checkbox"/> N Do You Smoke? | # Cups Of Coffee/Day: _____ | # Drinks per day: _____ # Drinks per week: _____ | <input type="checkbox"/> Past use of Recreational Drug |
| Cigarette packs per day: _____ | # Cups of Tea/Day: _____ | Artificial Sweetener use <input type="checkbox"/> Y <input type="checkbox"/> N | <input type="checkbox"/> |
| <input type="checkbox"/> Y Stopped Smoking? | # of Colas/Soda: _____ | Milk how many oz's per day: _____ | |

| Family History | | | | | | | | | |
|---|--|--|--|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Condition | Mother | Dad | Sisters | Brother | Maternal Grand Mother | Maternal Grand Father | Paternal Grand Mother | Paternal Grand Father | Family History |
| Alive or Deceased: Age? | <input type="checkbox"/> A _____ <input type="checkbox"/> D _____ | <input type="checkbox"/> A _____ <input type="checkbox"/> D _____ | <input type="checkbox"/> A _____ <input type="checkbox"/> D _____ | <input type="checkbox"/> A _____ <input type="checkbox"/> D _____ | | | | | |
| Heart Disease | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Stroke | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hypertension | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hyperlipidemia | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Gallbladder Disease | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Ulcerative Colitis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Crohn's ileitis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Crohn's | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Granulomatous Colitis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Colon Cancer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Brain Cancer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Ovarian Cancer | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> |
| Uterine Cancer | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> |
| Breast Cancer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other Cancer | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> |
| Other History: | _____ _____ _____ | | | | | | | | |
| <input type="checkbox"/> Adopted: Family History Unavailable | | | | | | | | | |